

Rush Hour Recipe



Printable 4x6 Recipe Card

Print this recipe card out and cut along the dotted lines to add this 4x6 recipe card to your recipe box. Print on card-stock for the best result.



Chicken Caesar Panini

Ingredients

- 3 tablespoons lemon juice
- 1 clove garlic, minced
- 1/3 cup shredded Parmesan, divided
- 1 teaspoon Worcestershire sauce
- 1 teaspoon mustard
- 1/4 teaspoon pepper
- 1/3 cup extra-virgin olive oil
- 3/4 pound shredded cooked chicken
- 3 cups shredded romaine lettuce
- 1 16-ounce loaf unsliced country-style or focaccia bread

Serves 5

Cooking Directions

In blender, combine lemon juice, garlic, 3 tablespoons Parmesan, the Worcestershire sauce, mustard, and pepper until blended. With motor running, slowly pour in oil until well combined.

In a large bowl, combine chicken and lettuce. Stir in 2 tablespoons dressing, mixing to coat well. Split bread in half horizontally. Scoop out inside of bread, leaving crust shell. Brush bread shells with remaining dressing, then sprinkle on the remaining Parmesan cheese. Place the chicken mixture on one shell of bread; top with other shell to create sandwich. Firmly press sandwich to seal. Heat a nonstick pan over medium-high heat. Spray top and bottom of sandwich with vegetable cooking spray. Place in pan, then put a cast-iron pan on top and push down (you can use any heavy pan, or cook the sandwich in a panini maker). Cook 2 minutes. Remove heavy pan and carefully flip sandwich over. Cover again with heavy pan, and cook 2 minutes longer. Cut into 5 slices.



Listen every Tuesday and Thursday between 5 and 6pm to hear another Kroger Rush Hour Recipe.

Visit www.WOMC.com and click on the Rush Hour Recipe link each week to download new Rush Hour Recipes.

Brought to you by Kroger. The right store. The right price. And 104.3 WOMC Detroit's Greatest Hits.