

Rush Hour Recipe



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Ingredients

- 3 tablespoons butter or margarine
- 1 medium-sized onion, chopped
- 3 cloves garlic, minced
- 1 rotisserie chicken, bones removed and cut into bite-sized pieces
- 1 cup unsweetened coconut milk
- 1-3 teaspoons curry powder (depends on your taste)
- 2 medium sized potatoes, quartered
- 1 lime quartered
- 4 cups cooked rice
- salt and pepper

Serves 4

Simple Chicken Curry

Cooking Directions

Saute onion and garlic in butter/margarine in a saucepan or pot for about 2 minutes. Add chicken. cook for about 5-10 minutes, turning chicken over occasionally to cook evenly. Pour in coconut milk. add potatoes, cook until potatoes are half way done. Mix in the curry powder. bring to a boil. Lower heat then simmer for about 5 minutes more or until all ingredients are cooked. Salt and pepper to taste.



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