

Rush Hour Recipe



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Ingredients

- 1 rotisserie chicken, bones removed and cut up into bite-sized pieces
- 1/2 teaspoon toasted sesame oil
- 1/4 cup vegetable oil
- 2 table spoons lime juice
- 2 teaspoons soy sauce
- 3 tablespoons chopped fresh cilantro
- 1 head iceberg lettuce - rinsed, dried, & shredded
- 1/4 cup shredded carrots
- 1 cup snow peas
- 1 cup toasted and sliced almonds
- 1 can crunchy chow-mein noodles

Asian Chicken Salad

Cooking Directions

Make a dressing with the soy sauce, lime juice, toasted sesame oil and vegetable oil.

Toss chicken with some of the dressing. Combine shredded lettuce, carrots, cilantro leaves, and snow peas in a large bowl. Toss with remaining dressing. Add chicken. Toss again. Top with crunchy chow-mein noodles and sliced almonds.

Serves 4-6



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